

MyLacrosseTournaments' goal is to provide families a fun and safe environment to compete in 2020. We understand that everyone is eager to get back on the field and we are committed to making that happen. In order to adhere to state and national regulations, MLT is instituting a number of rules and regulations for our 2020 tournaments. Below you will find a list of steps that we are taking to ensure the well-being of our participants:

### **Basic Safety Practices**

- Apex Sports & Events has made it mandatory that all spectators must watch games from a distance. Parents/Spectators must spectate from a great distance - parked cars or outside the netted playing areas (paved parking lots only – please remain off the grassy areas) but can do so without wearing a mask if they so choose as long as they remain 6' apart.
- All tournament attendees will be required to wear a mask while in attendance. Players and referees may remove their mask for game time but must wear one while not competing.
- If a player or family member is sick or shows signs of sickness, we ask that they please stay home for the safety of yourself as well as other participants. Further, if a family member has a compromised or otherwise weakened immune system, they should not attend the event.
- MyLacrosseTournaments will be instituting social distancing measures to keep participants six feet apart off the field.
- We strongly advise that all players bring only one parent to the event to limit the number of participants at the event.
- MyLacrosseTournaments will have a number of hand sanitizer stations set up at each location.
- Tailgating, including Team Tents, will be strictly prohibited at all event facilities. This includes parking lots as well as fields.
- No outside food will be allowed at the venue.

### **Event Structure**

- All two-day events have been restructured to take place over the course of one day. For example: 2029-2027 play Day 1, 2026-2024 play day 2. etc.
- Brackets will be scheduled to limit the number of participants on site at one time. For example: 2029 will play from 8:00-1:00; 2028 will play from 2:00-7:00.
- For the 2020 summer, all events will move away from the championship style brackets. Teams will play their scheduled games and be free to leave the event.
- Teams will no longer shake hands after games. We will be asking all attendees to avoid shaking hands as well as all unnecessary contact.
- As seen at MLT's 2019 Fall Classic, no parents or other spectators will be permitted on team sidelines.

Like everyone else, we are counting down the days until we can get back on the field and compete again. By implementing our new rules and regulations, we are confident that we can create a safe and fun environment for our players. As the government updates its rules and regulations, we will do the same. Be sure to check back to this page periodically to keep up to date with all tournament guidelines. Thank you and we will see you all very soon!

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